



Program Schedule

Streaming Live at KUOW.org
 KUOW 94.9 FM Seattle
 KQOW 90.3 FM Bellingham
 KUOW 1340 AM Tumwater

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Time | | |
|----------|-----------------------|----------------|-----------|----------------|--------------------|---------------------------|--------------------------|----------------|--|---------|
| Midnight | BBC World Service | | | | | BBC World Service | | Midnight | | |
| 1:00 am | | | | | | | | 1:00 am | | |
| 2:00 am | | | | | | | | 2:00 am | | |
| 3:00 am | | | | | | | | 3:00 am | | |
| 4:00 am | Morning Edition | | | | | Weekend Edition | | 4:00 am | | |
| 5:00 am | | | | | | | | 5:00 am | | |
| 6:00 am | | | | | | | | 6:00am | | |
| 7:00 am | | | | | | | | 7:00 am | | |
| 8:00 am | Here & Now | | | | | Weekend Edition | | 8:00 am | | |
| 9:00am | | | | | | | | 9:00 am | | |
| 10:00 am | On Point | | | | | Hidden Brain | Code Switch & Life Kit | 10:00 am | | |
| 11:00 am | | | | | | 11:00 am | | | | |
| 12:00 pm | Soundside | | | | Week In Review | Live Wire | It's Been a Minute | 12:00 pm | | |
| 1:00 pm | BBC Newshour | | | | | The New Yorker Radio Hour | The Moth Radio Hour | 1:00 pm | | |
| 2:00 pm | The Daily | | | | | Week in Review | Snap Judgment | 2:00 pm | | |
| 2:30 pm | | | | | | | | 2:30 pm | | |
| 3:00 pm | All Things Considered | | | | | Throughline | Radiolab | 3:00 pm | | |
| 4:00 pm | | | | | | 4:00 pm | | | | |
| 5:00 pm | | | | | | Freakonomics Radio | | TED Radio Hour | | 5:00 pm |
| 6:00 pm | | | | | | Today, Explained | | | | |
| 6:30 pm | Marketplace | | | | | Wait, Wait Don't Tell Me | On the Media | 6:00 pm | | |
| 7:00 pm | Fresh Air | | | | | Week in Review | Wait, Wait Don't Tell Me | 6:30 pm | | |
| 8:00 pm | Soundside | | | | | Reveal | Latino USA | 7:00 pm | | |
| 9:00 pm | As it Happens | | | | | BBC Arts Hour | Sound Opinions | 8:00 pm | | |
| 10:00 pm | The Moth Radio Hour | Snap Judgement | The Pulse | KUOW Spotlight | This American Life | LA Theatre Works | BBC World Service | 9:00 pm | | |
| 11:00pm | BBC World Service | | | | | LA Theatre Works | BBC World Service | 10:00 pm | | |
| 11:00pm | BBC World Service | | | | | LA Theatre Works | BBC World Service | 11:00pm | | |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Time | | |